



सत्यमेव जयते



R.C MEENA
Joint Secretary (MDM)
Tel: 011-23389247



सूचना का
अधिकार

भारत सरकार
शिक्षा मंत्रालय
स्कूल शिक्षा और साक्षरता विभाग
शास्त्री भवन
नई दिल्ली - 110 115

GOVERNMENT OF INDIA
MINISTRY OF EDUCATION
DEPARTMENT OF SCHOOL EDUCATION & LITERACY
SHASTRI BHAVAN
NEW DELHI-110 115

Dated the 19th March, 2021

D.O. No. 14-5/2021-MDM- 1-1 (EE.5)

Dear Sir / Madam ,

As you are aware, POSHAN (Prime Minister's Overarching Scheme for Holistic Nutrition) Abhiyaan is a flagship programme of the Ministry of Women and Child Development (MWCD), Government of India which aims to direct the attention of the country towards the problem of malnutrition and address it in Mission-mode, with a vision to ensure attainment of "Suposhit Bharat" by 2022. Ministry of Education is a partner ministry in the POSHAN Abhiyaan. Considering the overwhelming response during Poshan Maah and Pakhwada held earlier and to retain the momentum, M/o Women and Child Development has decided that Poshan Pakhwada, 2021 will be celebrated from 16th -31st March, 2021 to give a boost to Jan Andolan. In this regard, M/o Women and Child Development DO letter no.PA/15/2021-CPMU (e-91058) dated 16th March, 2021 alongwith concept note is enclosed.

2. It is mentioned that convergence across varied levels, has once again proved to be the backbone to encourage masses towards active participation and sensitization on issues concerning malnutrition, especially through integration of AYUSH and development of Kitchen/Nutri-gardens.

3. In this connection, the following suggested activities may be carried out by the States/UTs in their respective State/UT, by adhering to the guidelines of COVID:

- i. The programme to develop Kitchen/ Nutri-gardens in schools should be taken up in a big manner.
- ii. A session on benefits of Kitchen/ Nutri-gardens must be held in each school for children to create a successful sustainable garden in using organic method.
- iii. A rally and quiz on School Nutrition Garden and nutrition should be organized at village- block and district state level so that entire community irrespective of age is aware.
- iv. Promotion of Kitchen/ Nutri-gardens across the associated campuses/premises.

4. I would, therefore, request you to ensure that the above activities should be carried out in your respective State/UT and uploaded on Jan Andolan Dashboard on daily basis to make the Poshan Pakhwada a successful implementation in your State/UT .

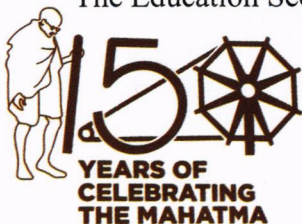
With regards

Encl: As above:

Yours sincerely,


(R.C MEENA)

The Education Secretaries/ Nodal Officer for Mid Day Meal in all the States/UTs.



राम मोहन मिश्र
सचिव

RAM MOHAN MISHRA
Secretary



भारत सरकार
महिला एवं बाल विकास मंत्रालय
शास्त्री भवन, नई दिल्ली - 110 001

GOVERNMENT OF INDIA
MINISTRY OF WOMEN & CHILD DEVELOPMENT
SHASTRI BHAWAN, NEW DELHI-110 001
Website : <http://www.wcd.nic.in>

Dated : 16th March, 2021

D.O. No.PA/15/2021-CPMU (e-91058)

Dear Anita,

POSHAN Abhiyaan endeavors to improve nutritional outcomes in a holistic manner in convergence with other Ministries. Behavioural Change at individual and community level is an important component to achieve the desired goals of the Abhiyaan. Behavioural Change needs to be driven through convergence (of Ministries) and should lead to a Jan Andolan on nutrition. Considering the overwhelming response during Poshan Maah and Pakhwada held earlier and to retain the momentum, Poshan Pakhwada, 2021 will be celebrated from 16th-31st March 2021 to give a boost to Jan Andolan (Concept note enclosed).

2. The country witnessed a worthwhile mix of conventional and digital *Jan Andolan* during the last held *Poshan Maah* in September 2020, adhering to the protocols issued amid Covid-19. Convergence across varied levels, has once again proved to be the backbone to encourage masses towards active participation and sensitization on issues concerning malnutrition, esp. through integration of AYUSH and development of Kitchen/Nutri-gardens. As a result, 13.90 crore activities were successfully performed during the month. The upcoming third Poshan Pakhwada during March 2021 is planned to continue the incorporation of *Jan Andolan* themes including the newly initiated efforts on AYUSH and Kitchen/Nutri-gardens.

3. During the last held nutrition-centric Jan Andolan based celebrations during Poshan Maah in September 2020, setting-up of Poshan Vatika gained momentum, as a result of which 10.87 lakhs plantation drives in the form of Kitchen Garden held at Anganwadi level. Simultaneously, during the same period, AYUSH based interventions further helped disseminating knowledge on age-old nutritional practices. Continuing the thrust on Jan Andolan, 16th-31st March 2021 will be celebrated as Poshan Pakhwada as done in previous years.

4. The key focus areas for Poshan Pakhwada 2021 would be:

a. Addressing nutritional challenges through Food Forestry

- o Distribution of 4 saplings of nutrition rich plants per AWC in the Aspirational Districts, under the supervision of local panchayat and DM/DC

Y
18/3
JS/RCM

- Awareness, sensitization at village panchayat level by National Medicinal Plants Board (NMPB)

b. Poshan Panchayat

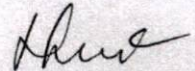
- Organising Poshan Panchayat involving members of PRIs for generating awareness on topics like malnutrition prevalence and its consequences, Poshan Vatika, food forestry, identification of SAM/MAM children and its management.

5. Ministry of Women & Child Development will be the nodal Ministry for coordinating activities during the Poshan Pakhwada. Department of Women & Child Development /Social Welfare Department will be the nodal department in the State/UT. All the activities will be required to be uploaded on Jan Andolan Dashboard Portal www.poshanabhiyaan.gov.in by the respective Ministries/ Departments and States/UTs on daily basis. The aggregated data of the Ministries/Departments and States/UTs performance will be available on the Website. Entries will start from 16th March 12.01 AM till 1st April 11.59 PM.

6. I shall be grateful if you could direct the concerned officer in the Ministry and concerned Departments of States to ensure that Poshan Pakhwada 2021 is organised on lines of Poshan Maah and Pakhwada held earlier with the same fervour. It is also requested that a preparatory meeting may be convened at your level and appropriate instructions may be issued to the States/UTs and organisations under your Ministry / Department, with a copy to us. A nodal officer may please be appointed and kindly share the details of the nodal officer to MoWCD.

wide warue regards,

Yours sincerely,



(Ram Mohan Mishra)

Ms. Anita Karwal
Secretary
Department of School Education & Literacy
Shastri Bhawan
New Delhi

Poshan Pakhwada, 16th-31st March, 2021
POSHAN Abhiyaan
Ministry of Women and Child Development

Concept Note

Keeping Jan Andolan, Behaviour Change Communications and Advocacy as one of the key components to sensitize and engage communities, POSHAN Abhiyaan, launched by the Hon'ble Prime Minister of India on 8th March 2018, has reached a long way in ensuring wider people's participation. Clarion calls from Hon'ble Prime Minister of India on various occasions including 'Mann ki Baat', further helped sensitize masses on issues concerning nutrition through Jan Andolan based mass public participation.

2. During the last held nutrition-centric *Jan Andolan* based celebrations during Poshan Maah in September 2020, setting-up of *Poshan Vatika* gained momentum, as a result of which 10.87 lakhs plantation drives in the form of **Kitchen Garden** held at Anganwadi level. Simultaneously, during the same period, **AYUSH based interventions** further helped disseminating knowledge on age-old nutritional practices.

3. Continuing the thrust on Jan Andolan, this year PoshanPakhwada will be celebrated during 16th-31stMarch 2021. The key focus areas for Poshan Pakhwada 2021 would be:

a. **Addressing nutritional challenges through Food Forestry**

- o Distribution of 4 saplings of nutrition rich plants per AWC in the Aspirational Districts, under the supervision of local panchayat and DM/DC by NMPB, MoAYUSH
- o Awareness, sensitization at village panchayat level by National Medicinal Plants Board (NMPB)

b. **Poshan Panchayat**

- o Organising Poshan Panchayat involving members of PRIs for generating awareness on topics like malnutrition prevalence and its consequences, PoshanVatika, food forestry, identification of SAM/MAM children and its management

4. Ministry of Women & Child Development will be the nodal Ministry for coordinating activities during the Poshan Pakhwada. Department of Women & Child Development /Social Welfare Department will be the nodal department in the State/UT.

5. All the activities organized during Poshan Pakwada needs to be properly recorded and reported to MoWCD in the prescribed dashboard/ template. The reporting format will be communicated separately by respective Ministries/Departments and States/UTs.

6. **Cost Norms:**Towards initiating IEC on Health & Nutrition, expenditure to be made from budget available with States/UTs under the head 'IEC, Advocacy and Jan Andolan' sanctioned @INR 19 lakhs per district per year.

Enclosed:

- i). Activity list for POSHAN Pakhwada, 16th-31st March, 2021.
- ii). List of Aspirational Districts with beneficiary and SAM/MAM details (Annexure-I)
- (iii) Poshan Pakhwada proposal from MoAYUSH for information and necessary action to follow up (Annexure-II).

POSHAN Pakhwada, 16th-31st March, 2021
Activity List

March		Theme for the Day	Suggestive Activities	Nodal Ministry/ Agency	Mandated Activities
Date	Day				
16&17	Tuesday Wednesday	<ul style="list-style-type: none"> Addressing nutritional challenges through Food Forestry 	<ul style="list-style-type: none"> Distribution and planting of 4 saplings of nutrition rich plants per AWC in the Aspirational Districts, under the supervision of local panchayat and DM/DC Awareness, sensitisation at village panchayat level by National Medicinal Plants Board (NMPB) through Poshan Panchayat 	<p>NMPB/ MoAYUSH</p> <p>Supported by: MoPR, MoRD</p>	<p>1. IEC on Health & Nutrition*,</p> <p>2. Field Functionaries to continue with mandated Home Visits along with sensitization activities focusing:</p> <p>a). Nutrition, b). Diet Diversity, c). Breastfeeding and d). Complementary Feeding.</p>
18&19	Thursday Friday	<ul style="list-style-type: none"> Poshan Panchayat 	<ul style="list-style-type: none"> Organising Poshan Panchayat involving PRI members for generating awareness on malnutrition prevalence and its consequences, Poshan Vatika, food forestry, identification of SAM/MAM children and management 	MoPR	
20&21	Saturday Sunday	<ul style="list-style-type: none"> AYUSH for Well being 	<ul style="list-style-type: none"> Awareness on use of AYUSH principles and practices for eradication of malnutrition Initiation of AYUSH integration with Anganwadi Centres on pilot basis (covering the activities agreed under MoU between MWWCD and MoAYUSH) 	Mo AYUSH	
22	Monday	<ul style="list-style-type: none"> Food and Nutrition Forestry and Plantations: India @ 75 	<ul style="list-style-type: none"> National Conference on "Food and Nutrition Forestry and Plantations" <i>Speakers:</i> MoAYUSH, MoEF, MoPR, MoRD <i>Participants:</i> All States/UTs (through web) 	Chaired by Secretary, MoWCD	
23&24	Tuesday Wednesday	<ul style="list-style-type: none"> BACK TO BASICS - Yoga for Health 	<ul style="list-style-type: none"> Yoga sessions, Awareness campaigns etc. 	MoYA&S MoAYUSH	

March		Theme for the Day	Suggestive Activities	Nodal Ministry/ Agency	Mandated Activities
Date	Day				
25&26	Thursday Friday	<ul style="list-style-type: none"> • PoshanVatika 	<ul style="list-style-type: none"> • Distribution of seeds for setting-up PoshanVatika in AWCs and community premises 	National Seeds Corporation Limited	
27&28	Saturday Sunday	<ul style="list-style-type: none"> • PoshankePanc h Sutras 	<ul style="list-style-type: none"> • Awareness campaigns about 5 sutras (First 1000 days, Anaemia, Diarrhoea, Hand Wash & Sanitation, and PaushtikAahaar) • WaSH activities • Campaign on WaSH esp. Drinking Water at AWCs 	MoWCD MoH&FW	
29&30	Monday Tuesday	<ul style="list-style-type: none"> • Traditional recipes for health -My kitchen My Dispensary 	<ul style="list-style-type: none"> • Zila/Block-wise (cook a nutritious recipe prepared from locally available food items) • Recipe Contest • Stories/drawing competition on food • Organising Mothers' Group Meeting 	MoWCD MoPR MoRD	
31	Wednesday	<ul style="list-style-type: none"> • AYUSH application for nutritional support: India@75 	<ul style="list-style-type: none"> • National Conference on "AYUSH application for nutritional support" by MoAYUSH 	MoAYUSH	

Note: States may add other activities contextual to local needs

*** IEC on Health & Nutrition may include activities around the following (by all partnering Ministries/Departments):**

- | | |
|---|---------------------------|
| ○ Anaemia Camps | ○ Home Visits |
| ○ Community Based Events (CBE) | ○ Local Leaders' Meeting |
| ○ Community Radio Activities | ○ NukkadNatak/Folk Shows |
| ○ Cooperative/Federation based activities | ○ Poshan Workshop/Seminar |
| ○ Cycle Rally/Walk/PrabhatPheri | ○ School Based Activities |
| ○ DAY-NRLM SHG Meet and Self-Help Groups (SHG) Meetings | ○ VHSND |
| ○ Digital Poshan Panchayat | ○ Youth Group Meeting |
| ○ Haat Bazaar Activities | ○ Webinars |

Aspirational Distri

State	District	Total AWC 11 Unique Digit (ICDS-RRS)	No of Reporting AWCs	Supplementary	
				Children (6m to 3yr)	Children (3 to 6 yr)
ANDHRA PRADESH	VISAKHAPATANAM	4966	4640	121723	80294
ANDHRA PRADESH	VIZIANAGARAM	3729	3576	67525	47232
ANDHRA PRADESH	Y.S.R.	3623	1991	47007	32415
Total	3	12318	10207	236255	159941
ARUNACHAL PRADESH	NAMSAI	321	317	4110	4699
Total	1				
ASSAM	BAKSA	2636	2228	15356	14318
ASSAM	BARPETA	2986	1443	23716	9643
ASSAM	DARRANG	2153	1418	22586	17162
ASSAM	DHUBRI	2424	1485	22521	30264
ASSAM	GOALPARA	2491	1795	32093	26681
ASSAM	HAILAKANDI	1374	498	10944	140
ASSAM	UDALGURI	1437	1352	3662	4353
Total	7	15501	10219	130878	102561
BIHAR	ARARIA	2812	2807	18645	18573
BIHAR	AURANGABAD	2607	2294	18486	19324
BIHAR	BANKA	2365	2078	11604	11736
BIHAR	BEGUSARAI	3268	3127	38688	38426
BIHAR	GAYA	4570	4264	30538	32809
BIHAR	JAMUI	1953	1950	4763	4272
BIHAR	KATI HAR	3411	3262	15276	14208
BIHAR	KHAGARIA	1744	1680	9387	9284
BIHAR	MUZAFFARPUR	5593	4440	42745	39546
BIHAR	NAWADA	2544	1732	22342	21262
BIHAR	PURNIA	3420	2918	23791	18021
BIHAR	SHEIKHPURA	709	709	8399	11544
BIHAR	SITAMARHI	3754	2221	13809	12369
Total	13	38750	33482	258473	251374
CHHATTISGARH	BASTAR	2037	1731	39499	36999
CHHATTISGARH	BIJAPUR	1168	951	12645	12249
CHHATTISGARH	DANTEWADA	1058	1057	11591	11258
CHHATTISGARH	KANKER	2150	2001	25927	23070
CHHATTISGARH	KONDAGAON	1832	1823	26868	25406
CHHATTISGARH	KORBA	2548	2536	48823	44477
CHHATTISGARH	MAHASAMUND	1780	1751	41448	31899
CHHATTISGARH	NARAYANPUR	558	555	6883	6758

CHHATTISGARH	RAJNANDGAON	3052	2546	58725	48975
CHHATTISGARH	SUKMA	959	913	12027	11805
Total	10	17142	15864	284436	252896

GUJARAT	DOHAD	3058	3056	140384	151019
GUJARAT	NARMADA	953	952	20872	19890
Total	2	4011	4008	161256	170909

HARYANA	MEWAT	1150	377	12413	11881
Total	1				

HIMACHAL PRADESH	CHAMBA	1494	1188	18260	18415
Total	1				

JAMMU AND KASHMIR	BARAMULLA	2390	449	5968	5441
JAMMU AND KASHMIR	KUPWARA	2319	50	299	277
Total	2	4709	499	6267	5718

JHARKHAND	BOKARO	2256	2256	9231	41885
JHARKHAND	CHATRA	1132	1124	7744	30433
JHARKHAND	DUMKA	2060	2060	23285	66217
JHARKHAND	EAST SINGHBUM	1722	1722	6505	44178
JHARKHAND	GARHWA	1330	1195	36382	29418
JHARKHAND	GIRIDIH	2432	2372	39106	31047
JHARKHAND	GODDA	1791	1791	18671	49347
JHARKHAND	GUMLA	1671	1670	41124	44924
JHARKHAND	HAZARIBAGH	1779	1770	20893	40615
JHARKHAND	KHUNTI	840	840	27298	18900
JHARKHAND	LATEHAR	961	961	24222	19546
JHARKHAND	LOHARDAGA	749	749	12523	18360
JHARKHAND	PAKUR	1167	1167	38484	46639
JHARKHAND	PALAMU	2596	2468	37683	65886
JHARKHAND	RAMGARH	1042	1042	7820	19442
JHARKHAND	RANCHI	2848	2837	44921	56975
JHARKHAND	SAHEBGANJ	1690	1688	19401	62292
JHARKHAND	SIMDEGA	965	965	18468	17952
JHARKHAND	WEST SINGHBHUM	2330	2330	29656	56526
Total	19	31361	31007	463417	760582

KARNATAKA	RAICHUR	2662	904	31018	27783
KARNATAKA	YADGIR	1388	1166	48857	44870
Total	2	4050	2070	79875	72653

KERALA	WAYANAD	874	868	24717	11063
Total	1				

MADHYA PRADESH	BARWANI	1786	0	0	0
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MADHYA PRADESH	CHHATARPUR	2073	0	0	0
MADHYA PRADESH	DAMOH	1749	0	0	0
MADHYA PRADESH	EAST NIMAR	1688	0	0	0
MADHYA PRADESH	GUNA	1660	0	0	0
MADHYA PRADESH	RAJGARH	2612	0	0	0
MADHYA PRADESH	SINGRAULI	1551	0	0	0
MADHYA PRADESH	VIDISHA	2371	0	0	0
Total	8	15490	0	0	0
MAHARASHTRA	GADCHIROLI	2378	179	4577	4676
MAHARASHTRA	NANDURBAR	2440	9	275	334
MAHARASHTRA	OSMANABAD	2015	993	25508	29207
MAHARASHTRA	WASHIM	1175	279	10897	13020
Total	4				
MANIPUR	CHANDEL	971	0	0	0
Total	1				
MEGHALAYA	RI BHOI	519	516	16731	20623
Total	1				
MIZORAM	MAMIT	282	281	5553	6119
Total	1				
NAGALAND	KIPHIRE	0	0	0	0
Total	1				
ODISHA	BALANGIR	2660	2660	78744	63143
ODISHA	DHENKANAL	2200	2199	44856	40865
ODISHA	GAJAPATI	2377	2375	29512	28708
ODISHA	KALAHANDI	2258	2258	72749	83122
ODISHA	KANDHAMAL	2105	2102	38577	38694
ODISHA	KORAPUT	3264	3264	73784	73652
ODISHA	MALKANGIRI	1250	1200	30452	34173
ODISHA	NABARANGPUR	2221	2221	70224	67493
ODISHA	NUAPADA	1357	1356	31266	36112
ODISHA	RAYAGADA	1947	1947	49522	48494
Total	10	21639	21582	519686	514456
PUNJAB	FIROZEPUR	1266	963	8255	5833
PUNJAB	MOGA	987	965	21823	12610
Total	2	2253	1928	30078	18443
RAJASTHAN	BARAN	1616	1616	45821	32580
RAJASTHAN	DHOLPUR	1032	669	20090	11449
RAJASTHAN	JAISALMER	826	225	5469	5218
RAJASTHAN	KARALI	1306	554	21945	14636

RAJASTHAN	SIROHI	867	464	15692	10464
Total	5	5647	3528	109017	74347
SIKKIM	WEST DISTRICT	369	316	4016	1756
Total	1				
TAMIL NADU	RAMANATHAPURAM	1454	1454	43799	29844
TAMIL NADU	VIRUDHUNAGAR	1504	1504	51627	27159
Total	2	2958	2958	95426	57003
TELANGANA	JAYASHANKAR BHUPALAPALLY	1284	39	628	464
TELANGANA	KHAMMAM	1897	1204	25589	17244
TELANGANA	KUMURAM BHEEM ASIFABAD	973	0	0	0
Total	3	4154	1243	26217	17708
TRIPURA	Dhalai	1282	749	12470	13897
Total	1				
UTTAR PRADESH	BAHRAICH	3453	3116	128251	105535
UTTAR PRADESH	BALRAMPUR	2154	1918	74144	57335
UTTAR PRADESH	CHANDAULI	1823	1373	58271	41220
UTTAR PRADESH	CHITRAKOOT	959	730	31445	26774
UTTAR PRADESH	FATEHPUR	2959	2672	118121	92977
UTTAR PRADESH	SHRAVASTI	927	925	42956	41059
UTTAR PRADESH	SIDDHARTH NAGAR	3129	2483	99112	81150
UTTAR PRADESH	SONBHADRA	2056	2021	104675	65756
Total	8	17460	15238	656975	511806
UTTARAKHAND	HARIDWAR	3183	1650	44877	22774
UTTARAKHAND	UDAM SINGH NAGAR	2387	1355	47736	24304
Total	2	5570	3005	92613	47078
WEST BENGAL	BIRBHUM	5138	4763	107200	97779
WEST BENGAL	DINAJPUR DAKSHIN	3261	3242	52968	58188
WEST BENGAL	MALDAH	5584	4938	108456	103890
WEST BENGAL	MURSHIDABAD	8744	8577	240037	237768
WEST BENGAL	NADIA	6934	6931	122908	128269
Total	5	29661	28451	631569	625894
Grand Total		247944	191361	3921965	3779059

ict AWCs data Under ICDS-RRS As on Sep - 2020

Nutrition Programme(SNP)			Pre School Education(PSE)			Malnourish		
Total Children (6m to 6yr)	PW & LM	Total Beneficiaries(Children+PW &LM)	Boys (3 to 6 yr)	Girls (3 to 6 yr)	Total (3 to 6 yr)	Normal Children (0 to 3 yr)	Modrate Children (0 to 3 yr)	Seveily Children (0 to 3 yr)
202017	57865	259882	36319	36285	72604	122334	15690	1429
114757	32480	147237	21817	20895	42712	73591	6528	560
79422	20929	100351	14857	14393	29250	62880	6041	372
396196	111274	507470	72993	71573	144566	258805	28259	2361

8809	1389	10198	2365	2319	4684	4712	30	0
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29674	5346	35020	5532	5463	10995	30928	3301	277
33359	9216	42575	4433	4458	8891	26654	6379	562
39748	8547	48295	5623	5655	11278	31365	3533	552
52785	9204	61989	10423	10538	20961	46846	7347	573
58774	12647	71421	8583	8398	16981	37615	2487	103
11084	4064	15148	1190	1150	2340	9490	509	15
8015	1382	9397	2754	2682	5436	18803	1891	120
233439	50406	283845	38538	38344	76882	201701	25447	2202

37218	7672	44890	11312	11788	23100	26908	17978	2467
37810	11890	49700	11790	12098	23888	18814	12118	3158
23340	4658	27998	13594	14073	27667	27770	16596	2472
77114	20660	97774	19218	19792	39010	19571	15646	7584
63347	14837	78184	17181	17277	34458	22457	17224	4682
9035	2446	11481	4362	4548	8910	14417	14092	2422
29484	7848	37332	9698	10092	19790	27781	21401	2485
18671	4576	23247	3340	3365	6705	13430	7231	478
82291	23709	106000	23158	22726	45884	32181	37959	6754
43604	11801	55405	11494	10278	21772	8455	6531	1217
41812	12015	53827	14739	15233	29972	35042	16735	5027
19943	4462	24405	8617	8741	17358	12887	3376	102
26178	7352	33530	6395	7040	13435	14551	8186	4199
509847	133926	643773	154898	157051	311949	274264	195073	43047

76498	17892	94390	13190	13383	26573	34335	9807	2963
24894	5967	30861	4973	5044	10017	11305	3259	902
22849	5288	28137	4066	3974	8040	9595	3158	1295
48997	11007	60004	9919	9988	19907	27413	3675	507
52274	10982	63256	5785	5835	11620	23390	5983	1477
93300	19740	113040	12462	12709	25171	47375	7462	983
73347	17242	90589	2770	2871	5641	36209	9233	1499
13641	2974	16615	446	448	894	6396	1469	184

0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0	0

9253	1661	10914	1306	1279	2585	3826	750	173
609	132	741	93	85	178	267	57	21
54715	10272	64987	6300	5851	12151	30186	1733	343
23917	4118	28035	5107	5228	10335	10563	1004	207

0	0	0	0	0	0	0	0	0

37354	5669	43023	1784	1730	3514	15198	1602	41

11672	1741	13413	2917	2811	5728	3471	16	6

0	0	0	0	0	0	0	0	0

141887	31437	173324	19871	19126	38997	78521	7149	522
85721	18458	104179	20398	19169	39567	50558	2171	74
58220	12529	70749	12526	12400	24926	32476	2301	150
155871	31590	187461	9369	9155	18524	76836	7649	949
77271	16358	93629	15239	14795	30034	40059	5042	426
147436	29848	177284	20571	20585	41156	73237	8691	625
64625	14196	78821	14728	14958	29686	30971	4985	400
137717	28582	166299	25363	25196	50559	62230	15269	599
67378	12611	79989	5943	5921	11864	31283	4996	808
98016	21367	119383	10001	9780	19781	49991	6748	850
1034142	216976	1251118	154009	151085	305094	526162	65001	5403

14088	3592	17680	3687	3496	7183	13415	281	4
34433	8523	42956	4619	4470	9089	25329	1877	15
48521	12115	60636	8306	7966	16272	38744	2158	19

78401	19451	97852	16591	16263	32854	50675	5468	1122
31539	11444	42983	1025	967	1992	34326	4441	324
10687	2886	13573	105	87	192	6159	0	0
36581	11849	48430	4013	3868	7881	8363	765	2

26156	9143	35299	4741	4713	9454	16624	4032	237
183364	54773	238137	26475	25898	52373	116147	14706	1685

5772	1556	7328	4	1	5	3979	59	12

73643	29830	103473	5748	5473	11221	41715	817	70
78786	20188	98974	15541	14757	30298	58540	2518	107
152429	50018	202447	21289	20230	41519	100255	3335	177

1092	335	1427	5	6	11	788	47	3
42833	13283	56116	7589	7333	14922	33499	1851	164
0	0	0	0	0	0	0	0	0
43925	13618	57543	7594	7339	14933	34287	1898	167

26367	4800	31167	3999	4027	8026	8648	400	16

233786	83262	317048	34749	32541	67290	121149	29657	13332
131479	39520	170999	16448	15597	32045	73645	12668	3704
99491	25621	125112	8649	8325	16974	70533	3816	447
58219	15259	73478	12679	11892	24571	24431	3704	753
211098	47239	258337	21159	20576	41735	87481	19789	4167
84015	27127	111142	10270	9194	19464	48297	5167	2660
180262	40385	220647	22947	21201	44148	83553	16027	8863
170431	47263	217694	4179	3970	8149	95730	14966	2640
1168781	325676	1494457	131080	123296	254376	604819	105794	36566

67651	17344	84995	10575	10402	20977	61218	584	113
72040	18534	90574	8327	8395	16722	54678	1434	114
139691	35878	175569	18902	18797	37699	115896	2018	227

204979	52447	257426	8173	7975	16148	955	72	9
111156	22934	134090	939	911	1850	56	2	0
212346	46977	259323	4249	4131	8380	87238	5022	129
477805	110217	588022	21657	21151	42808	375	17	2
251177	50803	301980	748	755	1503	2281	15	10
1257463	283378	1540841	35766	34923	70689	90905	5128	150

7701024	1783266	9484290	1126205	1108564	2234769	3668160	616585	115828
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ed Children

Normal Children (3 to 5 yr)	Modrate Children (3 to 5 yr)	Seveily Children (3 to 5 yr)
74010	10095	716
44356	3797	313
39783	4154	211
158149	18046	1240

3500	38	0

25886	2819	195
20579	4973	310
27358	3101	287
42411	6144	296
29355	1809	68
8297	358	8
15847	1408	73
169733	20612	1237

33147	9560	1031
25350	5858	1059
33589	9384	971
23924	11130	10982
28630	10533	3368
20051	4039	466
37702	9266	1119
13022	2617	47
47464	16003	2890
15678	4023	295
36926	9326	2704
23030	35	0
17264	5405	3571
355777	97179	28503

23147	6357	990
9729	2308	255
7252	2149	527
17341	2685	260
15987	3700	461
32429	5732	662
24301	7159	764
5025	848	29

36511	6791	926
8636	1979	448
180358	39708	5322

65698	2865	824
8738	4181	1260
74436	7046	2084

22525	4687	26

15604	511	40

5032	0	0
431	1	0
5463	1	0

28559	1026	79
18472	1870	58
59116	1683	82
35001	5003	148
18002	68	3
32237	904	69
36640	1998	125
32886	4910	236
36693	1740	245
13781	2807	218
12800	496	17
18802	129	11
26418	1288	19
48349	2480	178
16286	538	58
44535	5035	79
39473	2782	75
14829	323	19
10047	4604	178
542926	39684	1897

22123	6432	84
29676	9894	118
51799	16326	202
3852	944	247

0	0	0
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0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0
0	0	0

2899	664	121
193	63	30
22077	1897	285
8187	910	142

0	0	0

10291	1141	37

3577	17	0

0	0	0

51395	4995	356
35867	1611	41
22505	1699	100
51317	5677	598
29079	3399	249
49246	5474	237
23637	3447	176
43211	10638	394
20701	4283	556
33563	5041	390
360521	46264	3097

9278	158	5
19659	1180	16
28937	1338	21

35835	3965	434
25545	2814	91
5368	0	0
5605	443	0

11380	2680	126
83733	9902	651

2611	28	3

31790	547	23
39748	1895	91
71538	2442	114

417	37	5
20940	1425	89
0	0	0
21357	1462	94

7655	361	8

88357	23512	10579
62715	10221	2800
48640	1970	163
18486	2386	457
63780	13409	1430
42205	4054	2001
71298	12699	6423
61789	7838	695
457270	76089	24548

32175	586	76
29246	1105	66
61421	1691	142

777	51	1
25	1	0
60701	4095	145
248	11	0
1425	27	0
63176	4185	146

2789565	393236	70237
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Plantation of Medicinal /FruitPlants in AWCs of Aspirational District during PoshanPakhwada

For the celebration of PoshanPakhwada from 16th March 2021 to 31st March 2021, under the theme "Addressing Nutritional Challenges through Food Forestry" it has been decided to distribute 04 saplings of Tree Species for plantation in each Aanganwadi centre.

1. National Medicinal Plant Board (NMPB), M/o AYUSH, may be designated as Nodal Agency for implementation of this activity (Identification of plant species (as per agro-climatic zones) and Raising/ procurement of the requisite number of saplings for distribution in Aanganwadi centres.
2. **Objective of PoshanPakhwada:**
 - To carry out the plantation of 4 plants having nutritional values in the selected districts of concerned States.
 - To procure plants in the States.
3. **Identification of Plants:** NMPB has identified tentative list of Medicinal Plants and Horticulture crops for distribution in Aanganwadi centres. The plants may vary as per the climatic condition of states. The tentative lists for PoshanPakhwada is given below:

S.No.	Name of Plant	Common Name	Appropriate condition for plantation
1	<i>Aegle marmelos</i>	Bael	Throughout the country
2	<i>Phyllanthusemblica</i>	Amla	Throughout the country
3	<i>Syzygiumcumini</i>	Jamun	Throughout the country
4	<i>Artocarpusaltilis</i>	Kathal	Plain areas
5	<i>Carica papaya</i>	Papita	Throughout the country
6	<i>Phoenix dactylifera</i>	Khajoor	Dry areas
7	<i>Sesbania grandiflora</i>	Agastya	Throughout the country
8	<i>Moringaoleifera</i>	Sahjan	Throughout the country
9	<i>Gmelinaarborea</i>	Gambhari	Throughout the country
10	<i>Punicagranatum</i>	Anar	Plain areas

4. **Agencies for Planting Materials:** Looking into the time constraints, NMPB outreaches viz. RCFCs/ SMPBs/ State implementing agencies would procure / raise the requisite number of saplings. The saplings would be made available through NMPB outreaches at the respective nurseries; transportation of saplings to the Aanganwadis would be taken care by M/o Women & Child development. The average cost of one sapling is around Rs. 30 which may be varied from state to state.

5. **First Phase:** NMPB has selected 14 States/UTs namely Arunachal Pradesh, Assam, Gujarat, Himachal Pradesh, Kerala, Jammu & Kashmir, Madhya Pradesh, Maharashtra, Manipur, Meghalaya, Mizoram, Sikkim, Tripura, Uttarakhand for the first phase plantation of Saplings.

6. **Target period:** 16th March 2021 to 31st March 2021.

The details of State/District wise Aanganwadis are mentioned below:

Sr.No.	State	District	No. of AWCs
1.	ANDHRA PRADESH	VISAKHAPATANAM	4966
		VIZIANAGARAM	3729
		Y.S.R.	3623
2.	ARUNACHAL PRADESH	NAMSAI	321
3.	ASSAM	BAKSA	2636
		BARPETA	2986
		DARRANG	2153
		DHUBRI	2424
		GOALPARA	2491
		HAILAKANDI	1374
		UDALGURI	1437
4.	Bihar	ARARIA	2812
		AURANGABAD	2607
		BANKA	2365
		BEGUSARAI	3268
		GAYA	4570
		JAMUI	1953
		KATI HAR	3411
		KHAGARIA	1744
		MUZAFFARPUR	5593
		NAWADA	2544
		PURNIA	3420
		SHEIKHPURA	709
		SITAMARHI	3754
		5.	CHHATTISGARH
BIJAPUR	1168		
DANTEWADA	1058		
KANKER	2150		
KONDAGAON	1832		
KORBA	2548		
MAHASAMUND	1780		
NARAYANPUR	558		
RAJNANDGAON	3052		
SUKMA	959		

6.	Gujarat	DOHAD	3058
		NARMADA	953
7.	HARYANA	MEWAT	1150
8.	HIMACHAL PRADESH	CHAMBA	1494
9.	JAMMU AND KASHMIR	BARAMULLA	2390
		KUPWARA	2319
10.	JHARKHAND	BOKARO	2256
		CHATRA	1132
		DUMKA	2060
		EAST SINGHBUM	1722
		GARHWA	1330
		GIRIDIH	2432
		GODDA	1791
		GUMLA	1671
		HAZARIBAGH	1779
		KHUNTI	840
		LATEHAR	961
		LOHARDAGA	749
		PAKUR	1167
		PALAMU	2596
		RAMGARH	1042
		RANCHI	2848
		SAHEBGANJ	1690
SIMDEGA	965		
WEST SINGHBHUM	2330		
11.	KARNATAKA	RAICHUR	2662
		YADGIR	1388
12.	KERALA	WAYANAD	874
13.	MADHYA PRADESH	BARWANI	1786
		CHHATARPUR	2073
		DAMOH	1749
		EAST NIMAR	1688
		GUNA	1660
		RAJGARH	2612
		SINGRAULI	1551
VIDISHA	2371		
14.	MAHARASHTRA	GADCHIROLI	2378
		NANDURBAR	2440
		OSMANABAD	2015
		WASHIM	1175
15.	MANIPUR	CHANDEL	971
16.	MEGHALAYA	RI BHOI	519
17.	MIZORAM	MAMIT	282
18.	ODISHA	BALANGIR	2660
		DHENKANAL	2200
		GAJAPATI	2377
		KALAHANDI	2258
		KANDHAMAL	2105

		KORAPUT	3264
		MALKANGIRI	1250
		NABARANGPUR	2221
		NUAPADA	1357
		RAYAGADA	1947
19.	PUNJAB	FIROZEPUR	1266
		MOGA	987
20.	RAJASTHAN	BARAN	1616
		DHOLPUR	1032
		JAISALMER	826
		KARALI	1306
		SIROHI	867
21.	SIKKIM	WEST DISTRICT	369
22.	TAMIL NADU	RAMANATHAPURAM	1454
		VIRUDHUNAGAR	1504
23.	TELANGANA	JAYASHANKAR BHUPALAPALLY	1284
		KHAMMAM	1897
		KUMURAM BHEEM ASIFABAD	973
24.	TRIPURA	Dhalai	1282
25.	UTTAR PRADESH	BAHRAICH	3453
		BALRAMPUR	2154
		CHANDAULI	1823
		CHITRAKOOT	959
		FATEHPUR	2959
		SHRAVASTI	927
		SIDDHARTH NAGAR	3129
		SONBHADRA	2056
26.	UTTARAKHAND	HARIDWAR	3183
		UDAM SINGH NAGAR	2387
27.	WEST BENGAL	BIRBHUM	5138
		DINAJPUR DAKSHIN	3261
		MALDAH	5584
		MURSHIDABAD	8744
		NADIA	6934
Total	27 States	117 District	247944
			(2.5 lakh Approx.)

Email

Ms Anita Karwal

POSHAN PAKHWADA 2021

From : Mr Ram Mishra <secy.wcd@nic.in> Wed, Mar 17, 2021 11:52 AM
Subject : POSHAN PAKHWADA 2021 📎 2 attachments
To : Ms Anita Karwal <secy.sel@nic.in>

Dear Sir,

Please find attached a D.O. letter dated 16th March, 2021 from Shri Ram Mohan Mishra, Secretary, M/o. Women and Child Development, Government of India, on the above subject alongwith its enclosures.

Regards,

PPS to Secretary, WCD.
Tel. No. 011-23383586

📎 **Ms. Anita Karwal.pdf**
1 MB

📎 **concept note**
List+of+Aspirational+Districts+with+beneficiary+and+SAM,MAM+details
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739 KB
